

## Artist Statement

Megan Roodenrys, September 2008

Series "Day Sleeper – A personal, intimate series of portraits of Ben Cousins"

"The Day Sleeper series is an introspective exploration.

I am looking at the process of self-examination. A time of introspection and self-analysis; about being vulnerable and all the nerves exposed.

It's a difficult experience for anyone, all the more burdened by a public profile. Self examination which is also public examination and scrutiny.

Art is able to capture and share a moment of private introspection, not something that could otherwise be shared.

It's a complex task to represent a strong and purposeful man in a vulnerable and uncertain state, whilst still conveying a sense of his innate strength.

Ben was easy and a pleasure to work with and is the first person I will turn to for comment on the Day Sleeper series."